

## STAFF REPORT

<b>BOARD MEETING DATE:</b>	March 11, 2025
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**CATEGORY:** Consent Calendar 7

**SUBJECT:** Approve a retroactive Letter of Agreement with Partnership HealthPlan of California for eating disorder treatment reimbursement.

**DEPARTMENT:** Health and Human Services Agency-Behavioral Health and Social Services

**SUPERVISORIAL DISTRICT #:** All

**DEPARTMENT CONTACT:** Bailey Cogger, HHSA Deputy Branch Director - Behavioral Health and Social Services, (530) 229-5900

**STAFF REPORT APPROVED BY:** Bailey Cogger, HHSA Deputy Branch Director - Behavioral Health and Social Services

<b><u>Vote Required?</u></b>	<b><u>General Fund Impact?</u></b>
Simple Majority Vote	No General Fund Impact

### **RECOMMENDATION**

Approve a retroactive Letter of Agreement with Partnership HealthPlan of California (Partnership) to reimburse Partnership for the County's share of cost for physical and mental health care services to one adult, for the term of September 9, 2024, through November 9, 2024, and a maximum compensation of \$30,500.

### **DISCUSSION**

Coordinating appropriate and effective services and treatment for Medi-Cal beneficiaries with eating disorders involves unique complexities and is a shared responsibility between Mental Health Plans (MHP) and Medi-Cal Managed Care Plans (MCPs). Within Shasta County, the Health and Human Services Agency (HHSA) is the MHP and Partnership is the MCP. As the County MHP, the HHSA is responsible for determining the medical necessity of services for each beneficiary, obtaining access to necessary services, as well as authorizing and paying for these services. Since eating disorders are complex conditions involving both physical and psychological symptoms and complications, the treatment typically involves blended physical health and mental health interventions, which MCPs and MHPs are jointly responsible to provide and/or pay for.

Partnership has entered into a one-time letter of agreement with the Eating Disorder Center to provide physical and mental health care services to one adult. The County is entering into this letter of agreement with Partnership in order to reimburse Partnership for our portion of the cost of treatment, as required by BHIN 22-009.

Eating Disorder Center provides psychiatric inpatient services for treatment of eating disorders. This facility offers a full-spectrum, psychiatric eating disorder program for adults. Services provided by Eating Disorder Center include physical and mental health services designed to reduce serious behaviors and symptoms resulting from severe eating disorders in a highly structured and supervised setting. The goal of placement in this facility is to improve the client's functioning such that the client can learn proper nutrition and maintain a healthy weight and return home.

This agreement is retroactive due to timing of treatment needs for Medi-Cal beneficiary.

### **ALTERNATIVES**

The Board could choose not to approve the recommendation, defer consideration to a future date, or provide alternate direction to staff. Should the Board choose not to approve this Letter of Agreement, the County would be unable to pay for services already rendered and would impact the HHSA's ability to obtain emergency treatment for Medi-Cal beneficiaries in the future.

**OTHER AGENCY INVOLVEMENT**

County Counsel has approved the agreement as to form. Risk Management has approved the agreement. This recommendation has been reviewed by the County Administrative Office.

**FISCAL IMPACT**

Costs incurred through this contract are funded through Cost Center 41010. Behavioral Health and Social Services Budget (BU 410) for FY 2024-25 includes sufficient appropriation authority for the activities described in this letter of agreement.

**ATTACHMENTS:**

1: Letter of Agreement with Partnership HealthPlan of California