

## Alcohol and Other Drugs: May 2025

Bailey Cogger Shasta County Alcohol and Drug Administrator  
Dr. Mu Shasta County Health Officer

### Overview:

On December 12<sup>th</sup>, 2024, the Board of Supervisors asked that HHSA and County Staff bring back a presentation related to information shared by Dr. Mu in the community about the use of illicit drugs.

Shasta County is part of a 7-county regional model to form what is called the Drug Medi-Cal-Organized Delivery System (DMC-ODS). The counties participating are Humboldt, Lassen, Mendocino, Modoc, Shasta, Siskiyou and Solano. The purpose behind a regional model is to better support our rural areas to have more access to services for addition and recovery. Through this model, we are contracted with Partnership Health Plan fulfill the managed care functions and referral agent for services throughout the region. This method is capitated rate called a Per User Per Month (PUPM) model that allows us to bill for services for Shasta County beneficiaries receiving Alcohol and Other Drug Services

Through this model, Shasta County Behavioral Health provides collaborative court models such as the Addicted Offender Program (AOP), Behavioral Health Court (BHC), ADP Access, CORE and Women's Recovery and Resiliency.

In addition, Shasta County receives 2 non-competitive grants that help supplement gaps in services. The Substance Use Block Grant (SUBG) supports our Women's Recovery and Resiliency Program, Youth SUD treatment programs as well as community outreach and education via the Public Health Branch. The Mental Health Block Grant (MHBG) supports dual diagnosis treatment for SUD services.

### Funding:

Partnership DMC-ODS Billing	PUPM	PUPM Admin	TOTAL
FY 23/24 (expenses)	\$9,597,373.73	\$643,056.89	\$10,240,430.62
FY 24/25 (expenses to Date)	\$4,567,433	\$306,064	\$4,873,497
Revenue To Date (24/25)			\$7,486,416.00

SUBG Grant Spending	Allocation	Spent	Balance
24/25 (Q2)	\$1,461,883	\$645,792	\$816,091

MHBG	Allocation	Spent	Balance
24/25	\$648,537	\$118,302	\$530,235

### New Initiatives and Upcoming Legislation

#### SB 43

Redefines grave disability to include substance use disorder. Set to go into effect in Shasta County in 2026.

**Behavioral Health Transformation**

In March 2024 Prop 1 passed and will transform the Mental Health Services Act into the Behavioral Health Services Act which will include new requirements for SUD services and programs.

**Prop 36**

Went into effect in December 2024 and allows felony convictions for drug possession to be dismissed with successful completion of treatment. Requires support from the District Attorney, Public Defender.

**RFP for additional Sober Living**

In 2025 the SUD coalition shared their survey results regarding needs in Shasta County, of which indicated that Sober Living Facilities were a gap in services in the community. Responses are set to be graded in April 2024, with awards to vendors going out in the same month.

**Client Data:**

Partnership provides data on our PUPM clients, including primary diagnosis, clients served, and type of service. Data is based on claims information, which can take up to 12 months to submit, data is not real time and reported quarterly. Please see Attachment A on next page.



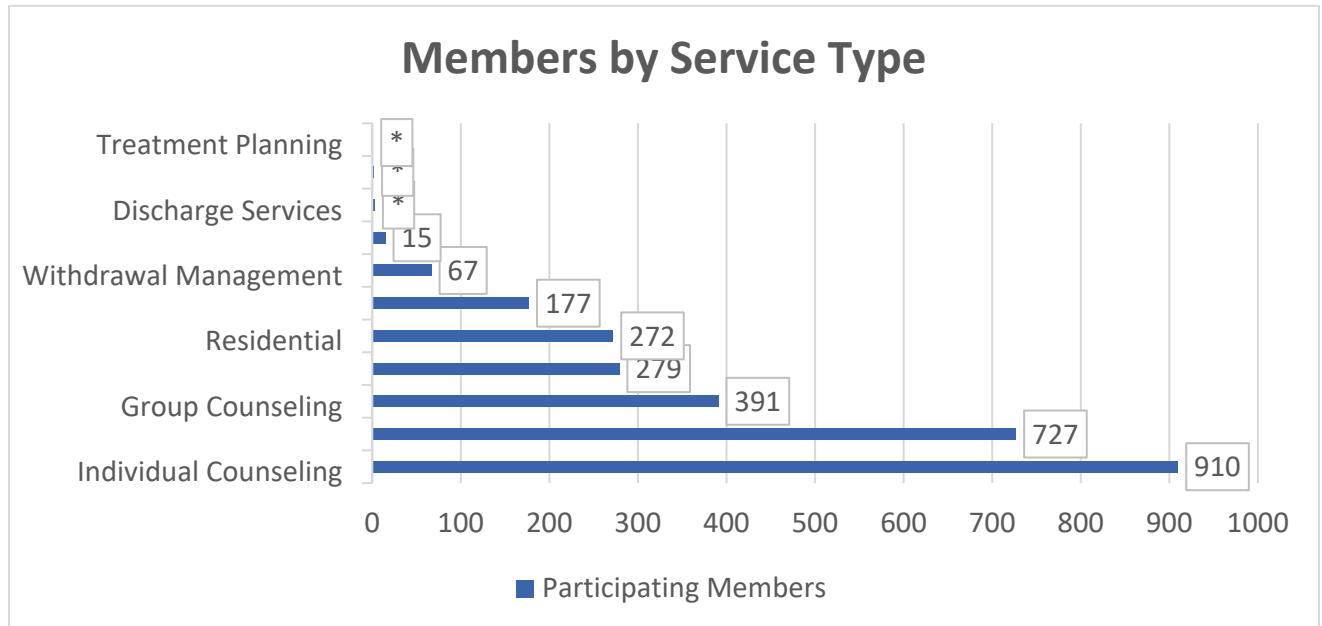
### Partnership Data 24/25 Year to Date:

Total Participating Members: 1,308

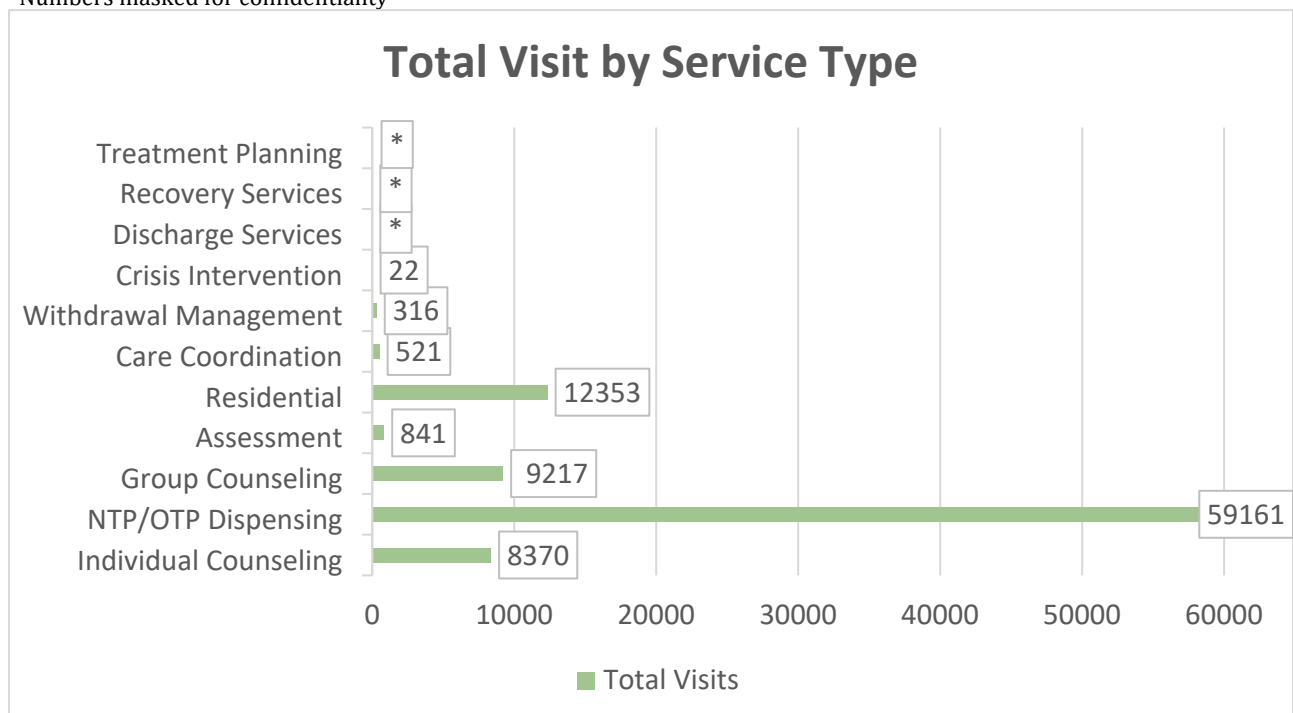
Total Visits: 90,810

Based on Partnership Claims Data, deduplicated client counts and total number of services based on medical claims.

\*Numbers masked for confidentiality



\*Numbers masked for confidentiality



NTP = Narcotic Treatment Program OTP = Opioid Treatment Program.



**Primary and Secondary Diagnosis**

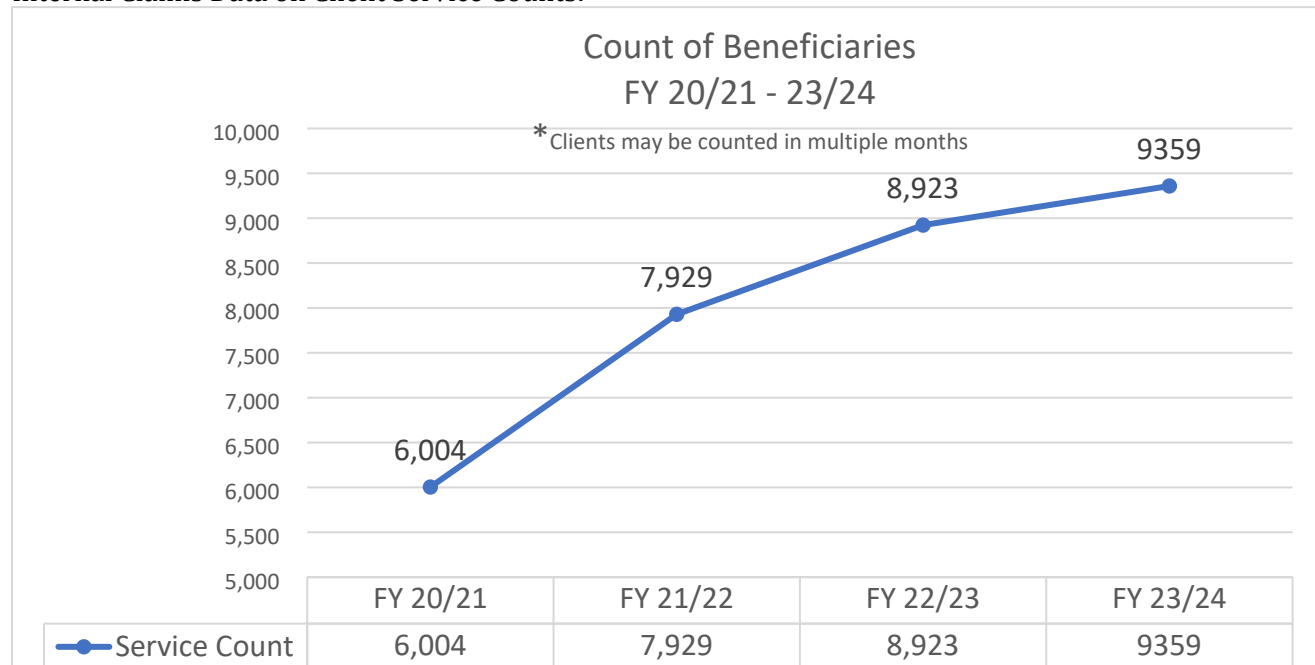
Opioids	401 Members
Alcohol	288 Members
Stimulants	224 Members
Cannabis	49 Members
Maternal SUD	11 Members
Sedatives	★ Members
Other	★ Members



Masked for confidentiality

**Previous Years Trends:**

Internal Claims Data on Client Service Counts:



It is common as a program is implemented that numbers tend to increase as the program expands services and awareness.



## **Nitrous Oxide in Shasta County:**

Provided by Dr. Mu

### **Overview:**

There is a growing concern in Shasta County about the recreational misuse of nitrous oxide ("laughing gas," "NOS," "whippets," "galaxy gas"), especially among youth and young adults. Healthcare providers are seeing more cases of neurological and hematological symptoms linked to this trend. Sales of nitrous oxide are easily accessible through smoke shops and online retailers, with minimal regulation in place.

### **Key Health Risks:**

- Neurological: B12 deficiency causing neuropathy, myelopathy, and cognitive decline
- Hematological: Macrocytic anemia, leukopenia, thrombocytopenia, methemoglobinemia
- Cardiorespiratory: Risk of hypoxia, hypotension, and asphyxiation from high-dose inhalation