

Location of Meeting: First 5 Shasta, 393 Park Marina Circle, Redding, CA 96001

Topic: First 5 Shasta Commission Meeting

Time: December 9, 2024, 2:30 PM Pacific Time

1. Call to Order

Welcome and Introductions by Joe Ayer, Chair.

Commission

Joe Ayer
Kathy Barry
Elisabeth Cooper
Tim Garman
James Mu
Kevin O'Rorke
Tara Shanahan
Cindy Vogt

Staff

Wendy Dickens
Elizabeth Poole
Nicole Brainerd
Tristen Grantham

Public

Cindy Bishop
Amber Middleton

2. Public Comment Period

Members of the public are entitled under the Brown Act (Government Code Section 54950 et seq) to address the Commission on any matter within the Commission's subject matter jurisdiction. Members of the public may speak for up to three minutes on any matter concerning the Commission, with the exception of items related to pending judicial, administrative litigation, or personnel matters. The Act prohibits the Commission from taking action or discussing the item unless it is already on the agenda.

Commissioner Recusal Reminder

All Commissioners are reminded to recuse themselves from voting on any agenda item that has a real or perceived conflict of interest.

3. Consent Agenda

Items are expected to be routine and non-controversial. They will be acted upon at one time without discussion. Any commission member or interested person may request removal of an item from the Consent Agenda for discussion later on the agenda. Consider the approval of the following items:

- a. Minutes from October 28, 2024 Commission Meeting
- b. First 5 Shasta Financial Report FY 2024-25 (July-November) Budget to Actual

Motion to approve consent agenda:

Motion/Seconded: Vogt/O'Rorke

Ayes: Ayer, Barry, Cooper, Garman, Mu, O'Rorke, Shanahan, Vogt

Nays: None

Motion: Approved

4. Presentation by Amber Middleton, Senior Director of HOPE Program at Shasta Community Health Center

Amber Middleton gave a presentation on the HOPE Program and services at the Shasta Community Health Center. Middleton reviewed statistics around homelessness, child abuse neglect and Shasta County's high rate of neonatal abstinence syndrome. The HOPE programs provide street outreach that provides maternity care, medical respite, case management, and housing. Middleton noted the benefits of integrated services which include established rapport and trust, honesty, non-judgement, and setting reasonable expectations. The hope is that through consistent, nonjudgmental integrated practices that there will be a generational shift.

5. Commission Seat Vacancy 4

Action Item

Dickens described that there were 11 applicants scheduled for interviews; 8 were able to attend the interview. The interview panel recommended Cindy Bishop for the vacant seat 4.

Motion to approve Cindy Bishop to fill vacant commission seat 4:

Motion/Seconded: O’Rorke/Barry

Ayes: Ayer, Barry, Cooper, Garman, Mu, O’Rorke, Shanahan, Vogt

Nays: None

Motion: Approved

6. First 5 Shasta Election of Officers

Action Item

- a. Nomination of Officers
- b. Election of Officers

Dickens reminded the commission that the officers selected will also be officers for the First 5 Shasta, Inc. board. Ayer recommended Brian Cole as Chair, Kevin as Vice Chair and Cindy Vogt as Secretary

Motion to approve Brian Cole as Chair, Kevin as Vice Chair and Cindy Vogt as Secretary:

Motion/Seconded: Ayer/Garman

Ayes: Ayer, Barry, Cooper, Garman, Mu, O’Rorke, Shanahan, Vogt

Nays: None

Motion: Approved

7. First 5 Shasta Commission Committee Appointments

Action Item

Tara and Kevin were recommended to join the Evaluation and Advisory Committee. Brian Cole, Cindy Vogt and Joe Ayer will attend the Admin Ad Hoc Committee.

Motion to approve:

Motion/Seconded: Garman/O’Rorke

Ayes: Ayer, Barry, Cooper, Garman, Mu, O’Rorke, Shanahan, Vogt

Nays: None

Motion: Approved

8. Evaluation and Advisory Committee Membership

Action Item

Motion to approve members as outlined in staff report:

Motion/Seconded: Shanahan/Cooper

Ayes: Ayer, Barry, Cooper, Mu, Garman, Shanahan, Vogt

Nays: None

Motion: Approved

9. Commission Calendar 2025

Action Item

Motion to approve commission calendar 2025:

Motion/Seconded: Vogt/Mu

Ayes: Ayer, Barry, Cooper, Mu, Garman, Shanahan, Vogt

Nays: None

Motion: Approved

10. Cost of Living Adjustment

Action Item

Dickens noted that cost of living adjustments (COLAs) are not routine for F5S but can be considered yearly. Dickens mentioned that in the past when COLAs have not been approved, when it comes time to update the salary scales there is significant increase in costs rather than doing it incrementally. Ayer asked if the salary scales are reviewed to make sure they are fair within the community. Dickens replied that the salary scales are reviewed often and within the last two years. F5S has a salary adjustment policy that specifies the sources of market data and the process for finalizing it.

Motion to approve cost of living adjustment:

Motion/Seconded: Ayer/Vogt

Ayes: Ayer, Barry, Cooper, Mu, Garman, Shanahan, Vogt

Nays: None

Motion: Approved

11. Reports

a. Admin Ad Hoc

There was no ad hoc meetings to report.

b. Evaluation and Advisory Committee

There was no evaluation and advisory committee to report.

c. Executive Director

Dickens thanked Tim Garman and Kathy Barry for their time and commitment to the First 5 Shasta commission. Dickens reminded the commission that F5S will go out for RFQ's regarding the audit, as required to do every three years. The F5S holiday open house is Wednesday from 10:00am-12:00pm. The trees are trimmed around the property and one of the AC units will be getting replaced.

d. Commission

Garman and Barry thanked the commission and gave gratitude for their time spent serving. Mu gave an updated that influenza A is on the rise, but influenza B, COVID and RSV are low. Nitrous oxide is on the rise, "laughing gas" which is influenced from social media. It causes neuropathy, vitamin b12 deficiency which is incurable.

The meeting was adjourned at 3:42 pm.